

### **Brief Description of the Drawings**

Fig. 1 illustrates graphically how a person using the method of the invention would reduce tension by showing HRV data for such a person, and identifying SNS (Sympathetic Nervous System), and PSNS (Parasympathetic Nervous System).

Fig. 2 illustrates a typical computer display associated with the vital signs of a client that are monitored while practicing the method of the invention.

On page 5, amend the paragraph beginning with line 17, as follows:

3. The first set of electrodes is connected directly to the computer. The tension sensor is also connected to the computer. Data from these electrodes and the tension sensor is routed to our proprietary software for analysis and incorporation into the video display (see Fig. 2).

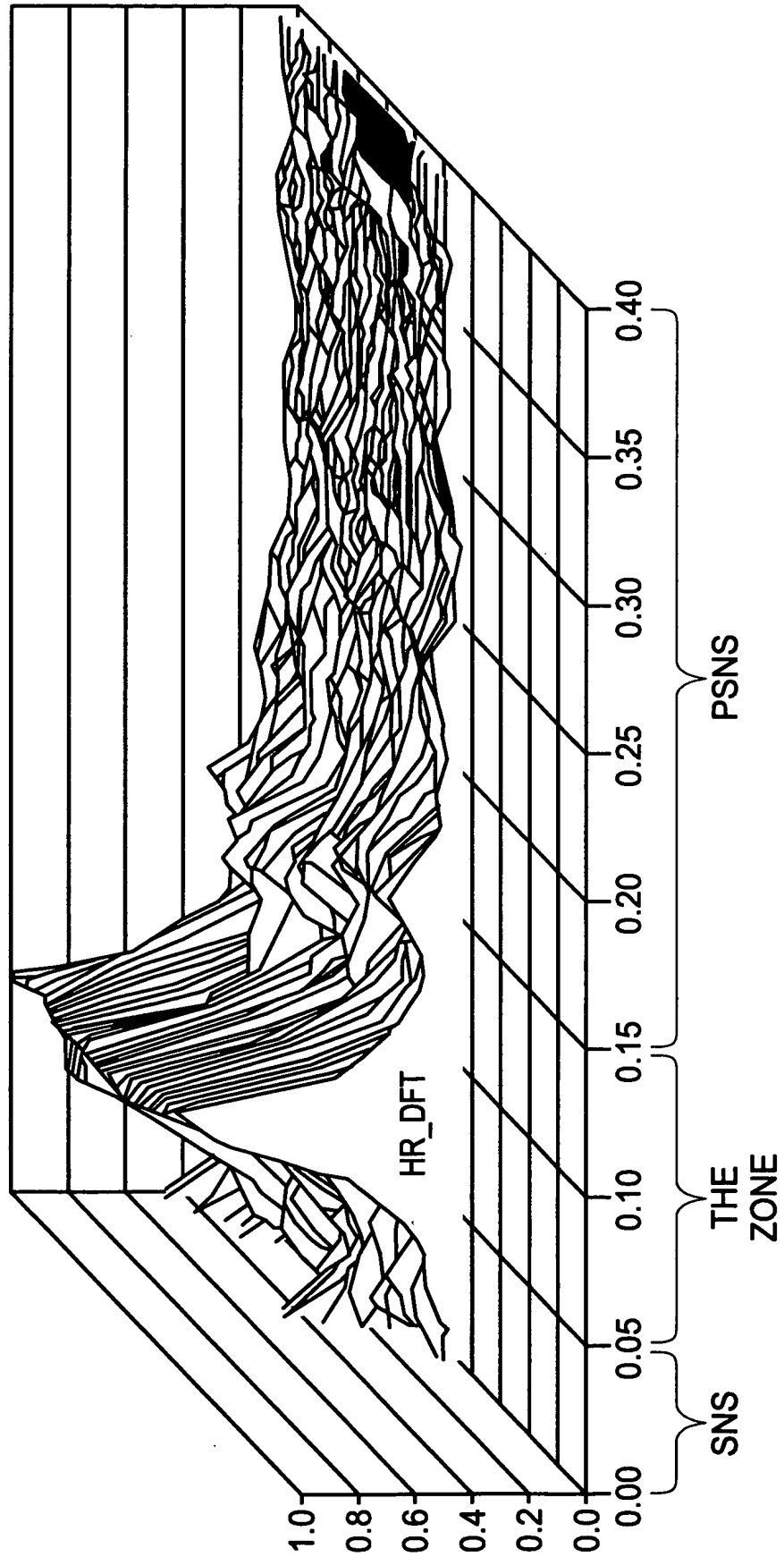
**Amendments to the Drawings:**

Please accept the following 2 replacement sheets of drawings. The figures presented on the attached 2 replacement sheets of drawings have been removed from the specification.

Attachment: Replacement Sheets 1 and 2.



Fig. 1



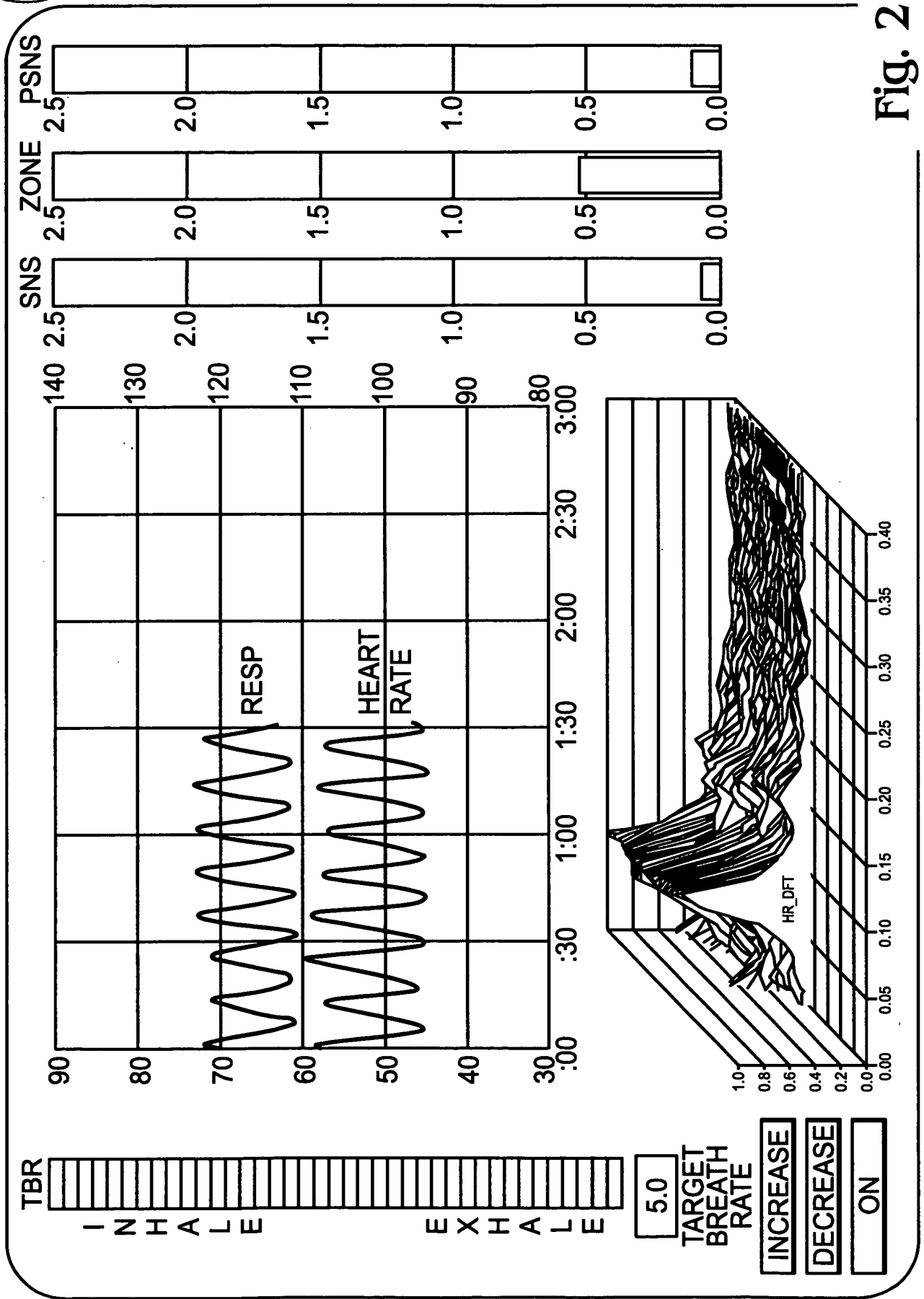


Fig. 2